

FIRST AID KIT ITEMS



The Safe Dog

- Commercial muzzle or strip of fabric 24-36" long (to prevent biting in case of pain during treatment ONLY when there is no risk of throat/neck/breathing/vomiting injury)
- Spare leash - slip lead style is good
- Hydrogen Peroxide 3% USP (to induce vomiting under vet's guidance only) This product expires so check dates & replace as needed. If opened, replace in one month
- [Toxiban](#) or other vet-approved activated charcoal (for use in poisoning emergencies under vet's guidance only)
- Oral Syringe
- Tweezers or needle nose pliers
- Diphenhydramine (Benadryl) Use under vet's guidance only- typical dose is 1mg per lb of body weight. Never use combo formulations or those containing xylitol!
- Sterile saline eye & wound wash - replace annually or after 30 days if opened
- Epsom salts (to make larger batch of saline solution to rinse wounds - 2 t. per qt.)
- Pediatric digital rectal thermometer and water-based lubricant
- Pop-top can of low/no-salt, water-packed sardines/salmon/tuna (dilute juice to make flavored water to hydrate pet, or mix with hydrogen peroxide when vomiting is indicated by vet)
- Wound care items:
 - Hand sanitizer or non-latex disposable gloves
 - Antiseptic (povidone-iodine) solution, such as Betadine
 - Co-flex cohesive bandage roll (also known as Vet Wrap)
 - Antibiotic ointment such as Polysporin
 - Conforming gauze roll
 - 4 x 4 gauze pads/ non-stick bandages
 - Non-scented sanitary pad or cotton washcloths (for heavily bleeding wounds)
 - Clean cotton sock/t-shirt (for quick-wrapping wounds)
 - First aid adhesive tape
 - Grooming clippers



The Safe Dog

- Blunt scissors
- Duct tape
- Styptic powder (Kwik Stop) for bleeding toenails
- Keep a blanket/large towel, fresh water, treats and dish in your car

Additional items for expanded or professional kits:

- Bite-proof gloves
- Karo syrup or glucose paste (for blood sugar emergencies)
- Cold packs
- Dawn dishwashing liquid
- Heavy scissors