

Hydration Tips and Recipes

Keeping dogs hydrated during warm weather, travel, or after a bout of vomiting or diarrhea can sometimes require a little extra effort. The following ideas can help.

Ice cubes

Try adding ice cubes to your pet's water dish, as many pets prefer cool water.

Flavored Waters

- Mix flavored Pedialyte with water, 50-50%. You can also give it undiluted.
- Mix the juice from a can of high quality canned dog food into your dog's water dish.
- Mix the juice from a can of low salt/no salt tuna, salmon or sardines into your dog's water. A couple of teaspoons should do the trick.

Salmon Cubes

Stinky yet effective! Fill an ice cube tray with water and small chunks of canned salmon. Freeze and serve.

Homemade Broth

Ingredients (preferably organic):

- One whole chicken
- Two large carrots
- Two large potatoes, peeled
- Filtered water

Directions:

- 1 Remove the skin from the chicken and cut it into pieces. Place it in a large stock pot.
- 2 Peel and cut carrots and potatoes and add them with the chicken.
- 3 Pour enough water into the pot to cover all of the ingredients.
- 4 Cook on high until it comes to a rolling boil. Reduce to a simmer, cover and cook for two hours. Add more water if necessary to prevent soup from boiling dry.
- 5 Remove the pot from the stove and allow it to completely cool, then skim any fat off the top.
- 6 Remove chicken and vegetables and strain the broth to remove any debris. Be sure to check that it's cooled off before serving!

* Freeze leftover broth in ice cube tray for later use

